



## ***Pain Management Following Dental Surgery***

Surgical dental procedures often result in pain and soreness during healing. The best medication to manage this pain is a combination of a NSAID (Nonsteroidal Anti-Inflammatory Drug) and Tylenol. **If you have any allergies or chronic medical conditions, do not take NSAIDs or Tylenol against your physician's recommendations.**

### **Instructions**

- You may take up to 600mg of ibuprofen and 500mg Tylenol every 4-6 hours
- It is recommended to take these medications with food to avoid upsetting your stomach
- It is recommended to take your first dose prior to the local anesthetic wearing off
- It is best to avoid alcohol consumption while taking these medications

If you experience any side effects from these medications, stop taking them and contact your dentist